



SOFEA ACUPUNCTURE SEMINARS

[www.sofea.co.uk](http://www.sofea.co.uk)

**MONDAY 28<sup>th</sup> NOVEMBER 2022**

**THE METAL ELEMENT  
A PRACTICAL DAY WITH THE FIVE ELEMENTS  
WITH NORA FRANGLÉN & GUY CAPLAN**

**FOR PRACTITIONERS & STUDENTS  
INTERESTED IN LEARNING MORE ABOUT THEIR PRACTICE**

The focus of the day will be to immerse ourselves in the **METAL** element, and discuss this element in its season, Autumn. Look forward to an opportunity to share the purity of **METAL**, spending an interactive and supportive day amongst practitioners, students and anyone else who would love the opportunity to learn about **METAL**.

The day will also deepen our understanding of how the five elements present themselves in all of us.

We will be helping practitioners with their diagnosis by looking at class patients, and suggesting appropriate treatment schedules for them.

Participants are invited to put forward the names of any patient they would like to bring to the seminar.

**VENUE :** Wu's Tai Chi Chuan Academy  
Unit 2a, 1<sup>st</sup> Floor  
449-453 Bethnal Green Road  
London  
E2 9QH  
[http://www.wustyle-europe.com/academy\\_location.html](http://www.wustyle-europe.com/academy_location.html)

**TIME:** 10.30 – 17.00

**COST:** £100.00 ( + Eventbrite booking fee)  
Student rate: £80.00 ( + Eventbrite booking fee)

To book a place, click <https://www.eventbrite.co.uk/e/sofea-seminar-metal-tickets-388544977487>

For enquiries and any questions please email Teresa Redding at [teresa@teresaredding.co.uk](mailto:teresa@teresaredding.co.uk)

All of Nora Franglen's books will be available on the day to purchase **at a reduced rate for Seminar attendees**. Please bring cash or cheque to purchase and you can speak to Nora about which book might suit you best.

Look at <https://uk.singingdragon.com> to see the full list of books available.

Nora Franglen's blogs: [www.norafranglen.blogspot.com](http://www.norafranglen.blogspot.com)  
[www.afiveelementcompanion.blogspot.com](http://www.afiveelementcompanion.blogspot.com)